



FCAA Winter 2021 Zoom Classes

Category	Class Title	Start Date	End Date	Weeks	Class Day/Times	Instructor	Cost
Art							
	Calligraphy	2/25	3/25	5	Thursday: 7:00 PM - 8:30 PM	Jim Lavrinc	\$45/\$50
	Create A No Sew Pillow from Favorite T Shirts	1/20	1/27	2	Wednesday: 6:30 PM - 8:00 PM	Mary Jo Montgomery	\$25/\$30
	Draw Your Pet or Favorite Animal	1/18	2/22	6	Monday: 6:30 PM - 8:00 PM	Evan Rumble	\$60/\$65
	Portrait Drawing in Charcoal	1/19	2/23	6	Tuesday: 7:00 PM - 8:30 PM	Korey Edmonson	\$50/\$55
	Studio Time with Martha Ball	1/21	3/11	8	Thursday: 6:30 PM - 8:30 PM	Martha Ball	\$75/\$80
Cards and Games							
	Mah Jongg: An Introduction	1/18	2/8	4	Monday: 7:00 PM - 8:30 PM	Dodi Walker Gross	\$50/\$55
Career and Finance							
	Rediscover Yourself - Career Exploration	1/26	3/9	7	Tuesday: 6:30 PM - 8:00 PM	Angela Angiolieri	\$0
	Social Media Marketing	1/21	2/4	3	Thursday: 7:00 PM - 8:00 PM	Dana Schulte	\$30/\$35
Cooking							
	Knife Skills with Chef Jon	1/31	1/31	1	Sunday: 7:00 PM - 8:00 PM	Jon Holzer	\$10/\$15
	Sipping through South African Wines	2/2	2/2	1	Tuesday: 7:00 PM - 8:30 PM	Adam Knoerzer	\$20/\$25
	Chef Jon: Easy, Healthy, One Pan Dinner	1/18	1/18	1	Monday: 5:00 PM - 5:45 PM	Jon Holzer	\$20/\$25
		1/18	1/18	1	Monday: 6:00 PM - 6:45 PM	Jon Holzer	\$20/\$25
	Chef Jon: Mardi Gras/Valentine's Dinner	2/15	2/15	1	Monday: 5:00 PM - 5:45 PM	Jon Holzer	\$20/\$25
		2/15	2/15	1	Monday: 6:00 PM - 6:45 PM	Jon Holzer	\$20/\$25
	Chef Jon: Market Basket Fish	3/15	3/15	1	Monday: 5:00 PM - 5:45 PM	Jon Holzer	\$20/\$25
		3/15	3/15	1	Monday: 6:00 PM - 6:45 PM	Jon Holzer	\$20/\$25
Foreign Language							
	German for Beginners	1/25	3/1	6	Monday: 7:00 PM - 8:00 PM	Nicole Warner	\$60
	Spanish for Beginners	1/19	3/9	8	Tuesday: 7:00 PM - 8:00 PM	Diana Morales	\$60
	Spanish: Beyond Beginners	1/20	2/24	6	Wednesday: 7:00 PM - 8:00 PM	Diana Morales	\$50
History							
	Between the World Wars: 1919-1939	1/20	2/10	4	Wednesday: 6:30 PM-8:00 PM	Robert Rodrigues	\$40/\$45
	Origins of the Cold War	2/16	2/23	2	Tuesday: 6:30 PM - 8:00 PM	Robert Rodrigues	\$25/\$30
Photography							
	Photography Tips and Techniques	1/20	2/10	4	Wednesday: 7:00 PM - 8:00 PM	Randi Voss	\$45/\$50



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Fitness and Health

Balance Exercises - Afternoons	1/13	2/3	4	Wednesday: 3:30 PM - 4:30 PM	Diane Markovitz	\$30/\$35
Balance Exercises - Evenings	2/16	3/9	4	Tuesday: 7:00 PM - 8:00 PM	Diane Markovitz	\$30/\$35
Body Sculpt with Jen	1/19	2/9	4	Tuesday: 5:30 PM - 6:30 PM	Jen Evashavik	\$35/\$40
Buddhist Meditation	9/14	10/5	6	Monday: 6:30 PM - 7:30 PM	Bhante Pematana	\$40/\$45
Cardio Yoga	1/14	3/4	8	Thursday: 5:30 PM - 6:30 PM	Tabitha Brown	\$70/\$75
Chair TriYoga	1/19	2/23	6	Tuesday: 6:00 PM - 7:00 PM	Julie DiDomenico	\$30/\$35
Full Body Workout with Cassie	1/13	3/3	8	Wednesday: 6:00 PM - 7:00 PM	Cassie Conti	\$50/\$55
Gentle Yoga and Relaxation	1/28	3/4	6	Thursday: 5:00 PM - 6:00 PM	Diane Ranker Prem	\$60/\$65
Kickboxing for Fitness	1/19	2/23	6	Tuesday: 7:00 PM - 8:00 PM	Jim Harding	\$45/\$50
Pilates Flow	1/19	3/2	7	Tuesday: 6:30 PM - 7:30 PM	Cara Metallo	\$60/\$65
Pilates Sculpt	1/21	3/4	7	Thursday: 6:30 PM - 7:30 PM	Cara Metallo	\$60/\$65
Women's At Home Fitness/Strength Training	1/18	3/1	7	Monday: 6:30 PM - 7:30 PM	Beth Ryce	\$50/\$55
	1/20	3/3	7	Wednesday: 6:30 PM - 7:30 PM	Beth Ryce	\$50/\$55
Yoga	1/25	3/1	6	Monday: 6:00 PM - 7:10 PM	Diane Ranker Prem	\$60/\$65
Yoga for Beginners	1/12	3/2	8	Tuesday: 5:30 PM - 6:30 PM	Tabitha Brown	\$70/\$75

One-Night Classes

Chef Jon: Easy, Healthy, One Pan Dinner	1/18	1/18	1	Monday: 5:00 PM - 5:45 PM	Jon Holzer	\$20/\$25
	1/18	1/18	1	Monday: 6:00 PM - 6:45 PM	Jon Holzer	\$20/\$25
Chef Jon: Mardi Gras/Valentine's Dinner	2/15	2/15	1	Monday: 5:00 PM - 5:45 PM	Jon Holzer	\$20/\$25
	2/15	2/15	1	Monday: 6:00 PM - 6:45 PM	Jon Holzer	\$20/\$25
Chef Jon: Market Basket Fish	3/15	3/15	1	Monday: 5:00 PM - 5:45 PM	Jon Holzer	\$20/\$25
	3/15	3/15	1	Monday: 6:00 PM - 6:45 PM	Jon Holzer	\$20/\$25
Knife Skills with Chef Jon	1/31	1/31	1	Sunday: 7:00 PM - 8:00 PM	Jon Holzer	\$10/\$15
Sipping through South African Wines	2/2	2/2	1	Tuesday: 7:00 PM - 8:30 PM	Adam Knoerzer	\$20/\$25