



Category	Class Title	Start Date	End Date	Wks	Class Times	Instructors	Class Fee
<b>Art</b>							
	Art Tour: Local Artists At Work	10/15/2024	10/15/2024	1	Tuesday: 1:00 - 3:00 PM	Local Artists	\$35/\$40
	Building Drawing Skills: All Levels	9/9/2024	9/30/2024	4	Monday: 6:00 - 8:00 PM	Robin Menard	\$77/\$82
	Calligraphy Workshop: Holiday Gifts	10/2/2024	10/30/2024	5	Wednesday: 7:00 - 8:30 PM	Jim Lavrinc	\$60/\$65
	Crochet: Learn the Basics	10/3/2024	10/10/2024	2	Thursday: 6:30 - 8:00 PM	Amy Korb	\$55/\$60
	Hands in Clay For All Levels	10/3/2024	11/25/2024	8	Thursday: 6:00 - 9:00 PM	Karen McKee	\$226/\$236
	Hands in Clay For All Levels	10/1/2024	11/19/2024	8	Tuesday: 6:00 - 9:00 PM	Karen McKee	\$226/\$236
	Oil Painting: Studio Time with Martha	9/26/2024	11/21/2024	8	Thursday: 6:30 - 9:00 PM	Martha Ball	\$98/\$108
	Podcasting: An Introduction	9/24/2024	10/29/2024	6	Tuesday: 6:30 - 8:30 PM	Casey Georgi	\$90/\$95
	Sewing Basics: Create A Tote Bag	10/2/2024	10/9/2024	2	Wednesday: 6:30 - 8:30 PM	Megan Bourne	\$55/\$60
	Silk Scarf Dyeing	9/26/2024	9/26/2024	1	Thursday: 7:00 - 8:30 PM	Marcia Miller	\$40/\$45
	Sumi-e: Asian Brush Painting	9/24/2024	10/8/2024	3	Tuesday: 6:30 - 8:30 PM	Deborah Kollar	\$70/\$75
	Wheel Throwing For All Levels	9/30/2024	11/18/2024	8	Monday: 6:00 - 9:00 PM	Karen McKee	\$246/\$256
<b>Cards and Games</b>							
	Basketball for Adults	9/18/2024	11/6/2024	8	Wednesday: 7:30 - 9:30 PM	Jake Driggs	\$80/\$85
	Learn To Play Mah Jongg	9/9/2024	10/7/2024	5	Monday: 6:30 - 8:30 PM	Mary Emery-Williams	\$125/\$130
<b>Cooking, Wine &amp; Spirits</b>							
	Apple Spirits and Mixology	10/10/2024	10/10/2024	1	Thursday: 7:00 - 8:30 PM	Lucky Sign Spirits	\$42/\$47
	Cookie Decorating - Fall Designs	9/17/2024	9/17/2024	1	Tuesday: 6:30 - 8:00 PM	Pamela Yochum	\$62/\$67
	Make Your Own Limoncello	9/26/2024	9/26/2024	1	Thursday: 6:30 - 8:00 PM	Christian Kahle	\$20/\$25
	Middle Eastern Cooking - New Recipes	10/7/2024	10/7/2024	1	Monday: 6:30 - 8:30 PM	Michelle Trumble	\$45/\$50
	Vegan Desserts	10/9/2024	10/9/2024	1	Wednesday: 6:30 - 8:30 PM	Anita Alfonsi	\$45/\$50
	Versatile Vegan Dishes	10/22/2024	10/22/2024	1	Tuesday: 6:30 - 8:30 PM	Anita Alfonsi	\$53/\$58
	Youthful Cells, Vibrant Health: The Whole-Food Approach	9/24/2024	9/24/2024	1	Tuesday: 7:00 - 8:30 PM	Marla Turnbull	\$30/\$35
<b>Foreign Language and Travel</b>							
	Italian for Beginners	9/24/2024	10/29/2024	6	Tuesday: 7:00 - 8:15 PM	Samuele Bozzolla	\$62/\$67
	Spanish for Beginners	10/2/2024	10/30/2024	5	Wednesday: 7:00 - 8:00 PM	Diana Morales	\$53/\$58
<b>History</b>	Andy Masich: George Washington's Wars	10/3/2024	10/3/2024	1	Thursday: 7:00 - 8:30 PM	Andy Masich	\$30/\$35
<b>Home and Garden</b>							
	Dahlias: Fall Flower Arranging	9/30/2024	9/30/2024	1	Monday: 6:30 - 8:00 PM	Kristin Fontana	\$65/\$70
	Improving the Health of Your Trees	9/25/2024	9/25/2024	1	Wednesday: 7:00 - 8:30 PM	Archie Autenreith	\$30/\$35
<b>Photography</b>	Better iPhone Photos for Beginners	9/23/2024	9/23/2024	1	Monday: 7:00 - 8:30 PM	Randi Voss	\$30/\$35
<b>Technology</b>	Podcasting: An Introduction	9/24/2024	10/29/2024	6	Tuesday: 6:30 - 8:30 PM	Casey Georgi	\$100/\$105

**Fall 2024**

[director@fcaae.org](mailto:director@fcaae.org)/412-696-1410



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<b>Fitness and Health</b>							
	At Home Fitness & Strength Training for All	9/9/2024	11/18/2024	10	Monday: 7:00 - 8:00 PM	Beth Ryce	\$93/\$98
	Balance Exercises: Anywhere, Anytime	9/19/2024	10/24/2024	6	Thursday: 5:30 - 6:30 PM	Shannon Young	\$55/\$60
	Basic First Aid and Stop The Bleed!	10/17/2024	10/17/2024	1	Thursday: 6:30 - 8:00 PM	Linda Reiger	\$20/\$25
	Basketball for Adults	9/18/2024	11/6/2024	8	Wednesday: 7:30 - 9:30 PM	Jake Driggs	\$80/\$85
	Chair TriYoga	9/17/2024	11/5/2024	8	Tuesday: 6:00 - 7:00 PM	Julie DiDomenico	\$63/\$68
	Core Fitness and Strength: At Home with Beth	9/11/2024	11/20/2024	10	Wednesday: 7:00 - 8:00 PM	Beth Ryce	\$93/\$98
	CPR and AED for Adults, Infants, Children	10/1/2024	10/1/2024	1	Tuesday: 6:00 - 8:00 PM	Hannah Smith	\$50/\$55
	Exercising with Osteoporosis	9/19/2024	10/3/2024	3	Thursday: 5:00 - 6:00 PM	Sarah Andrews	\$30/\$35
	In-Person Women's Fitness & Strength Training	9/24/2024	11/12/2024	8	Tuesday: 7:00 - 8:00 PM	Beth Ryce	\$80/\$85
	Line Dancing	10/1/2024	11/5/2024	6	Tuesday: 7:00 - 8:00 PM	Jennifer Fish	\$60/\$65
	SOULKickboxing	9/11/2024	10/16/2024	6	Wednesday: 6:30 - 7:30 PM	Trudi Annett	\$60/\$65
	Strength and Conditioning for Golf and Racquet Sports	9/19/2024	10/24/2024	6	Thursday: 6:15 - 7:15 PM	Sarah Andrews	\$60/\$65
	Yoga Therapy for Lower Back and Hips	9/9/2024	10/7/2024	5	Monday: 6:00 - 7:00 PM	Lilith Bailey-Kroll	\$70/\$75
	Yoga with Diane - Kundalini and Hatha	10/1/2024	10/29/2024	5	Tuesday: 6:45 - 8:00 PM	Diane Ranker Prem	\$60/\$65
<b>Pickleball</b>							
	Pickleball Lessons - Beginners	9/12/2024	10/10/2024	5	Thursday: 6:00 - 7:15 PM	Matt Lang	\$130/\$140
	Pickleball Lessons - Beyond Beginners	9/12/2024	10/10/2024	5	Thursday: 7:30 - 8:45 PM	Matt Lang	\$130/\$140
	Pickleball: Play Round Robin Games	9/9/2024	11/18/2024	9	Monday: 6:30 - 8:30 PM	Lynne DeStout	\$90/\$100
	Pickleball: Play Round Robin Games	9/11/2024	11/13/2024	10	Wednesday: 6:30 - 8:30 PM	Lynne DeStout	\$100/\$110
	Pickleball: Round Robin Games Short Series	9/10/2024	10/8/2024	5	Tuesday: 6:30 - 8:30 PM	Lynne DeStout	\$50/\$60
<b>Swim</b>	Recreational Swim - Families	9/22/2024	11/17/2024	9	Sunday: 12:45 - 1:40 PM	Annie Kayser	\$126/\$136
<b>Aqua</b>	Thursday	9/19/2024	11/21/2024	9	Thursday: 7:25 - 8:20 PM	Annie Kayser	\$99/\$109
<b>Exercise</b>	Tuesday	9/17/2024	11/12/2024	9	Tuesday: 7:25 - 8:20 PM	Annie Kayser	\$99/\$109
	Deep Water	9/22/2024	11/17/2024	9	Sunday: 12:00 - 12:40 PM	Annie Kayser	\$99/\$109
	Shallow and Deep	9/21/2024	11/16/2024	9	Saturday: 1:15 - 2:10 PM	Annie Kayser	\$99/\$109
<b>Adult Lap</b>	Saturday - two time slots	9/21/2024	11/16/2024	9	1:15-2:10 PM or 2:15-3:10 PM	Annie Kayser	\$85/\$95
	Sunday - three time slots	9/22/2024	11/17/2024	9	12:00-12:45/12:45-1:40/1:45-2:45	Annie Kayser	\$85/\$95
	Tuesday, Thursday first hour	9/17, 9/19	11/12, 11/21	9	Thursday: 7:25 PM - 8:20 PM	Annie Kayser	\$98/\$108
	Tuesday, Thursday second hour	9/17, 9/19	11/12, 11/21	9	Thursday: 8:25 PM - 9:20 PM	Annie Kayser	\$85/\$95
<b>Adult Swim</b>	Private: Learn to Swim or Improve Skills Saturday afternoon	9/21/2024	11/16/2024	9	Choice of four 1/2 hour slots	Emily Kayser McNeil	\$189/\$199
<b>Lessons</b>	Private: Learn to Swim or Improve Skills Sunday afternoons	9/22/2024	11/17/2024	9	Choice of two 1/2 hour slots	Emily Kayser McNeil	\$189/\$199
	Private: Learn to Swim or Improve Skills Thursday evenings	9/19/2024	11/21/2024	9	Choice of four 1/2 hour slots	Emily Kayser McNeil	\$189/\$199
	Private: Learn to Swim or Improve Skills Tuesday evenings	9/17/2024	11/12/2024	9	Choice of two 1/2 hour slots	Emily Kayser McNeil	\$189/\$199
	Semi-Private Lessons for Beginners	9/14/2024	10/5/2024	4	Saturday: 1:00 PM - 1:45 PM	FFH Master Swimmers	\$100/\$110
	Semi-Private Stroke Development/Improvement	9/14/2024	10/5/2024	4	Saturday: 2:00 PM - 2:45 PM	FFH Master Swimmers	\$100/\$110