

Winter 2024 Classes



Questions?
412-696-1410
director@fcaae.org

Category	Class Title	Start Date	End Date	Class Times	Instructors	Class Fee
Art	Hands in Clay For All Levels	1/4/24	2/29/24	Thursday: 6:00 - 9:00 PM	Karen McKee	\$220/\$230
	Hands in Clay For All Levels	1/9/24	2/27/24	Tuesday: 6:00 - 9:00 PM	Karen McKee	\$220/\$230
	Oil Painting: Studio Time with Martha	1/18/24	2/22/24	Thursday: 6:30 - 9:00 PM	Martha Ball	\$89/\$90
	Wheel Throwing For All Levels	1/8/24	2/26/24	Monday: 6:00 - 9:00 PM	Karen McKee	\$240/\$250
	Woodworking for Women: All Levels	1/9/24	1/30/24	Tuesday: 6:00 - 8:00 PM	Tony Ulizio	\$88/\$93
Cards and Games	Learn To Play Mah Jongg	1/15/24	2/12/24	Monday: 4:30 - 6:30 PM	Mary Emery-Williams	\$90/\$95
Cooking	Chef Jon: Healthy Winter Dinner	1/22/24	1/22/24	Monday: 6:00 - 7:00 PM	Jon Holzer	\$30/\$35
Fitness and Health	At Home Women's Fitness & Strength	11/27/23	2/12/24	Monday: 6:30 - 7:30 PM	Beth Ryce	\$93/\$98
	Chair TriYoga	1/9/24	2/27/24	Tuesday: 6:00 - 7:00 PM	Julie DiDomenico	\$54/\$59
	CPR/AED for Adults, Infants, Children	11/30/23	11/30/23	Thursday: 6:00 - 8:00 PM	Hannah Smith	\$50/\$55
	Fit Off Your Feet with Beth	11/29/23	2/14/24	Wednes: 6:30 - 7:30 PM	Beth Ryce	\$93/\$98
	In-Person Women's Fitness & Strength	1/9/24	2/20/24	Tuesday: 7:00 - 8:00 PM	Beth Ryce	\$66/\$71
Foreign Language	Italian: Beyond Beginners	1/15/24	2/19/24	Monday: 7:00 - 8:00 PM	Samuele Bozzolla	\$61/\$66
	Spanish: Beyond Beginners	1/17/24	2/21/24	Wednes: 7:00 - 8:00 PM	Diana Morales	\$61/\$66
Home and Garden	Woodworking for Women: All Levels	1/9/24	1/30/24	Tuesday: 6:00 - 8:00 PM	Tony Ulizio	\$88/\$93
One-Night Classes	Chef Jon: Healthy Winter Dinner	1/22/24	1/22/24	Monday: 6:00 - 7:00 PM	Jon Holzer	\$30/\$35
	CPR/AED for Adults, Infants, Children	11/30/23	11/30/23	Thursday: 6:00 - 8:00 PM	Hannah Smith	\$50/\$55

Winter 2024 Classes



Questions?
412-696-1410
director@fcaae.org

Category	Class Title	Start Date	End Date	Class Times	Instructors	Class Fee
SWIM OFFERINGS FOR ADULTS AND FAMILIES						
Family: Recreational	Recreational Swim - Families	12/3/23	2/11/24	Sunday: 12:45 - 1:40 PM	Annie Kayser	\$126/\$136
Aqua Exercise	Aqua Exercise	11/30/23	2/15/24	Thursday: 7:25 - 8:20 PM		\$99/\$109
	Aqua Exercise	11/28/23	2/6/24	Tuesday: 7:25 - 8:20 PM	Annie Kayser	\$99/\$109
	Aqua Exercise: Deep Water	12/3/23	2/11/24	Sunday: 12:00 - 12:40 PM	Annie Kayser	\$99/\$109
	Aqua Exercise: Shallow & Deep	12/2/23	2/10/24	Saturday: 1:15 - 2:10 PM	Annie Kayser	\$99/\$109
Lap Swim	Lap Swim	12/2/23	2/10/24	Saturday: 1:15 - 2:10 PM	Annie Kayser	\$85/\$95
	Lap Swim	12/2/23	2/10/24	Saturday: 2:15 - 3:10 PM	Annie Kayser	\$85/\$95
	Lap Swim	12/3/23	2/11/24	Sunday: 1:45 - 2:40 PM	Annie Kayser	\$85/\$95
	Lap Swim	12/3/23	2/11/24	Sunday: 12:10 - 12:40 PM	Annie Kayser	\$45/\$50
	Lap Swim	12/3/23	2/11/24	Sunday: 12:45 - 1:40 PM	Annie Kayser	\$85/\$95
	Lap Swim	11/30/23	2/15/24	Thursday: 7:25 - 8:20 PM	Annie Kayser	\$98/\$108
	Lap Swim	11/30/23	2/15/24	Thursday: 8:25 - 9:20 PM	Annie Kayser	\$85/\$95
	Lap Swim	11/28/23	2/6/24	Tuesday: 7:25 - 8:20 PM	Annie Kayser	\$98/\$108
	Lap Swim	11/28/23	2/6/24	Tuesday: 8:25 - 9:20 PM	Annie Kayser	\$85/\$95
Private Lessons	Learn To Swim or Improve Skills	12/2/23	2/10/24	Saturday: 1:15 - 1:45 PM	Kayser McNeil/Masters	\$189/\$199
	Learn To Swim or Improve Skills	12/2/23	2/10/24	Saturday: 1:45 - 2:15 PM	Kayser McNeil/Masters	\$189/\$199
	Learn To Swim or Improve Skills	12/2/23	2/10/24	Saturday: 2:15 - 2:45 PM	Kayser McNeil/Masters	\$189/\$199
	Learn To Swim or Improve Skills	12/2/23	2/10/24	Saturday: 2:45 - 3:15 PM	Kayser McNeil/Masters	\$189/\$199
	Learn To Swim or Improve Skills	12/3/23	2/11/24	Sunday: 1:40 - 2:10 PM	Emily Kayser McNeil	\$189/\$199
	Learn To Swim or Improve Skills	12/3/23	2/11/24	Sunday: 12:10 - 12:40 PM	Emily Kayser McNeil	\$189/\$199
	Learn To Swim or Improve Skills	12/3/23	2/11/24	Sunday: 2:10 - 2:40 PM	Emily Kayser McNeil	\$189/\$199
	Learn To Swim or Improve Skills	11/30/23	2/15/24	Thursday: 7:25 - 7:55 PM	Emily Kayser McNeil	\$189/\$199
	Learn To Swim or Improve Skills	11/30/23	2/15/24	Thursday: 7:55 - 8:25 PM	Emily Kayser McNeil	\$189/\$199
	Learn To Swim or Improve Skills	11/30/23	2/15/24	Thursday: 8:25 - 8:55 PM	Emily Kayser McNeil	\$189/\$199
	Learn To Swim or Improve Skills	11/30/23	2/15/24	Thursday: 8:55 - 9:25 PM	Emily Kayser McNeil	\$189/\$199
	Learn To Swim or Improve Skills	11/28/23	2/6/24	Tuesday: 7:25 - 7:55 PM	Emily Kayser McNeil	\$189/\$199
	Learn To Swim or Improve Skills	11/28/23	2/6/24	Tuesday: 7:55 - 8:25 PM	Emily Kayser McNeil	\$189/\$199